

500 SECTION - TESTS

501 ORDER OF TESTS

All Standard tests are to be taken in numerical order. Competitive tests (obtained before 2017) will make the skater eligible to take the standard test required for the next grade (e.g. Skaters holding the Junior Competitive test may take the Inter-Gold test in that discipline whether or not they hold Silver)

502 GENERAL REQUIREMENTS

502.1 Test fees will be set by the Board each year, and will include the cost of a medal and/or certificate. The General Secretary will supply Clubs with a current list of fees. All costs incurred in the taking of any test will be the responsibility of the Club and/or skater concerned and shall not be the responsibility of the Association.

502.2 All candidates for tests conducted under the rules of the Association must be members in good standing with an affiliated Club and hold a current NZIFSA T/C Registration Number.

502.3 Applications (with fees) for tests are to be made by the candidates to their Club Secretary/ Test Competition Secretary no later than twenty-one days prior to the proposed test date or less at the discretion of the Club Test/Competition Secretary. Application forms for tests must be signed by a Level 1, 2, or 3 NZIFSA accredited coach, as well as a parent or caregiver (or skater if 18+) and their Home Club Secretary / Test Competition Secretary. Apprentice Level 1 coaches must have the test form co-signed by their mentor.

502.4 It is the responsibility of the Club Secretary/Test Coordinator or representative to arrange the ice time for the tests and advise the NZIFSA Test / Competition Secretary or representative who shall arrange the Judges and a Referee, who may be one of the Judges. If a Referee is not available one of the Judges shall be nominated to take that position. Clubs may find their own judges, however, the NZIFSA T/C Secretary must be notified of all scheduled test sessions and the judges they are proposing to use so that these can be approved.

502.5 On completion of the tests it shall be the responsibility of the Referee to collect all Judges' sheets (including passes and failures) and hand these to the Club Secretary/Test Coordinator or representative for completion of a test summary form to be sent within seven days to the NZIFSA Test/Competition Secretary. The skater and/or their Coach (named on the test form) has the right to request a copy of the judges' sheets for that skater from the club TC Secretary. The request must be made within 10 days following the test.

Payment shall be made to the skater's home club (any cheques to be made out to Club) and then Clubs will be invoiced for the test fees by the NZIFSA.

502.6 Additional tests may be taken (time permitting) at the discretion of the Referee provided the completed test application and appropriate fees have been lodged with the Club Secretary/Test Coordinator or representative.

502.7 A candidate failing a test must wait for three weeks before taking the test again except that in extenuating circumstances, the NZIFSA Test/ Competition Secretary may set a date less than three weeks.

502.8 A candidate not appearing at the appointed time for their test must send their reason for not appearing in writing to the NZIFSA Test/Competition Secretary within seven days after the test date. Failure to supply a satisfactory explanation to the NZIFSA

Test/Competition Secretary will necessitate the reapplication for the test plus another test fee.

- 502.9 Any withdrawals from a test day (for other than medical or bereavement reasons or exceptional circumstances) must be made a minimum of 7 days prior to the test date. Failure to comply will necessitate the reapplication for the test plus another test fee.
- 502.10 Only test officials, candidates for tests and NZIFSA accredited coaches may be rinkside or in the marshalling area during tests. Apprentice coaches may be rinkside provided that they are under the supervision of their mentor.
- 502.11 In all tests where ISU Regulations and Communications dictate the programme requirements, Communications will only apply to tests taken at least two weeks after publication.

503 CONDITIONS OF ICE AND MUSIC

- 503.1 The Referee may call off any test where the condition of the ice or music in their opinion is not satisfactory.
- 503.2 The Referee may stop any test due to rinkside interference or distractions to skaters or judges. Restart point at the discretion of the Referee.
- 503.3 The ice surface will be clear of any distractions other than the skater or skaters taking their test.
- 503.4 An adequate sound system will be used to replay any or all music necessary for the appropriate tests.

504 WHOLE TEST ON SAME DAY

In all cases the whole test must be skated on the same day with the same panel of Judges except for Pattern Dance tests.

505 RESKATES

- 505.1 Free Skating, Pairs, Stroking and Dance - A test which is complete in itself may be re-skated only where external causes interfere. All the Judges must mark the re-skated test as re-skated without reference to the original skating.
- 505.2 Elements in isolation – in the event of a failure during the test and at the Judges' discretion the following re-skates will be permitted:
- Tests 1, 2 and 3 for Free skating and Pairs, two re-skates are permitted. Tests 1, 2, and 3 for Ice Dance, one re-skate is permitted per dance.
 - Tests 4 and above for Free skating and Pairs, three re-skates are permitted. Tests 4 and above for Ice Dance, two re-skates are permitted per dance.
 - In all Free Dance Tests one re-skate is permitted.

The re-skates may comprise the same or different elements. Elements in isolation must be re-skated immediately upon request, without practice. Required elements that have not been performed during the test may not be done as an element in isolation.

- 505.3 **Stroking Tests** – In the event of failure, one element may be re-skated once at the discretion of the Judges, for Test 1 (Preliminary) and higher.

506 JUDGING OF TESTS

- 506.1 Marking must be in accordance with the rules applying to the particular level of skating and any particular rules set out in the test requirements. The closed marking system shall be used for all tests.
- 506.2 The NZIFSA Test/Competition Secretary must approve the judges for all tests. Two judges (not more), each holding the appropriate test judging grading, must be appointed for all tests except as follows; one judge can be used for Elementary tests providing that they are graded with a test level of Bronze or higher, Judges that are graded for Gold or higher test level for that discipline may single panel judge tests up to and including Silver.
- 506.3 The candidate must satisfy each Judge appointed for the test.
- 506.4 A Judge or Referee may not officiate at a test where any of the following circumstances prevail:
- a) When they are closely related (defined as husband, wife, de facto partner, mother, father, son, daughter, sister and brother) to the candidate.
 - b) When they have been a skating partner or a team member of the candidate during the past 12 months in a competition or test.
 - c) When they are closely related to either:
 - i) a coach of the candidate or
 - ii) any person who has been a coach of the candidate during the preceding twelve months.
 - d) When due to extenuating circumstances, a Judge or Referee is required to officiate contrary to Rule 506.4, prior approval must be sought from and given in writing by the Officials Director or nominated representative before the test can proceed.
- 506.5 Judges may not review a skater's performance in person/via video within a period of three weeks prior to judging that skater for an NZIFSA Test.

507 TEST CROSS CREDITS

- 507.1 Skaters who move permanently to New Zealand, or hold New Zealand citizenship, and have passed tests of an overseas ISU Member country may be exempted from sitting lower level NZIFSA tests as follows provided they submit proof of test passes to the NZIFSA (with elements achieved) and proof of competition level from their previous country.
- a) Skaters at Basic Novice to Senior level will be granted a cross-credit for the corresponding Free Skate/Stroking/Pairs/Ice Dance test required to enter the respective grade or at the level achieved in their respective country;
 - b) Skaters below Basic Novice level shall start at no higher than the Preliminary level test.
 - c) Skaters from overseas, or New Zealand skaters who take tests of another Member Federation, will only have their cross credits considered once.

508 REQUIREMENTS FOR STROKING TESTS

508.1 GENERAL REQUIREMENTS

The Stroking Tests are basic skating moves skated with or without music as an optional choice.

The terms and judging standards applied are as for basic skating.

The elements in the Stroking Tests shall be skated in the order as set forth in the schedule of tests.

Stroking turns must be judged in accordance with the criteria set forth in the corresponding Test Rules.

Stroking must be commenced from a standing, stationary position with a minimum number of introductory steps.

If a skater starts a move on the wrong foot or skates a move other than that prescribed, the Referee must draw attention to the mistake as soon as possible. The mistake must be treated as a false start.

Such fresh start must be allowed only once.

Skaters shall select the area on the ice surface for the Stroking Test, directed by the Referee.

508.2 **BASIC RULES FOR STROKING**

An effortless, flowing and graceful execution should be achieved. Within the limits of the following rules, complete freedom is allowed to the skater.

- a) The head should be carried in an upright position, relaxed and naturally held
- b) The upper body should be upright but not stiff
- c) The arms should be held gracefully
- d) The free leg should be extended with the toe pointed

The steps must be skated in accordance with the diagrams and descriptions. The number of steps must be skated as prescribed. Subject to a general conformity with the basic requirements, complete freedom is allowed to the skater with respect to arm and free leg positions.

Stroking must be skated with good edges, control, flow, extension, carriage and rhythm. An even speed and flow should be maintained throughout. Maximum utilisation of the ice surface is desirable. Ice coverage must not be obtained by the use of flat or shallow edges.

508.3 **MARKING**

Stroking will be judged on a pass/fail basis for each element. In determining this result consideration will be given to:

- a) Accuracy – the correct start, steps and adherence to the general pattern
- b) Edge Quality – characterised by a stable arc and controlled body rotation, the edge ideally without subcurves or wobbles, initiated by placing the body and blade on an angle to the surface of the ice and stepping on the required edge. This edge and arc will ideally commence immediately at the point where the skater takes the ice and travels uninterrupted until a required transition takes place

- c) Extension – the controlled stretching of the free leg complimented by an upright body posture. The height of the extension is determined by the type of movement being executed as is the extension of the upper body. The final extended position should always be attained in a controlled fashion
- d) Quickness – quickness refers to foot speed. It is the precise, rapid and crisp execution of turns, change of edge and transitions, usually in a brisk and continuous cadence. Refinements to acknowledge include quick movement that is quiet, fluid and continuous without disturbing the proper and erect carriage of the upper body and without interrupting the established rhythm.
- e) Power – power is obvious and rapid acceleration, often from a standstill position, achieved by a forceful, gripping pressure exerted by the skating leg and skate against the surface of the ice. Power includes maintaining or increasing speed while executing various skating elements. Power is relative to the size of the skater but can be attained with proper stroking technique.

509 STROKING TESTS - INDEX TO STROKING REQUIREMENTS

ELEMENTARY TEST 0 (required for Pre Elementary Singles and Elementary Pairs)	Perimeter Stroking Basic Consecutive Edges
PRELIMINARY TEST 1 (required for Elementary Singles)	Waltz Eight Forward and Backward Crossovers Spiral Step Sequence Forward Power Three-Turns Alternating Forward Inside Three-Turns Alternating Backward Crossovers to Backward Outside Edges
INTER BRONZE TEST 2 (required for Juvenile Singles and Pairs)	Forward and Backward Perimeter Power Stroking FO-BI Three-Turns in the Field FI-BO Three-Turns in the Field Forward and Backward Power Change of Edge Pulls Five-Step Mohawk Sequence
BRONZE TEST 3 (required for Basic Novice Singles and Pre Novice Pairs)	Stroking: Forward Power Circle Stroking: Backward Power Circle Eight-Step Mohawk Sequence Forward and Backward Free Skate Cross Strokes Backward Power Three-Turns Forward Double Three-Turns
INTERSILVER TEST 4 (required for Intermediate Novice/ Intermediate Singles and Basic Novice Pairs)	Backward Double Three-Turns Spiral Sequence Brackets in the Field Sequence Forward Twizzles Inside Slide Chasse Pattern
SILVER TEST 5 (required for Advanced Novice Singles and Pairs)	Inside Three-Turns/Rocker Choctaws Forward and Backward Outside Counters Forward and Backward Inside Counters Forward Loops Backward Rocker Choctaw Sequence Backward Twizzles
INTERGOLD TEST 6 (required for Junior Singles and	Forward and Backward Outside Rockers Forward and Backward Inside Rockers

Pairs)		Power Pulls Choctaw Sequence Backward Loop Pattern Straight Line Step Sequence
GOLD (required for Senior Singles and Pairs)	TEST 7	Sustained Edge Step Spiral Sequence Backward Outside Power Double Three-Turns to Power Double Inside Rockers Backward Inside Power Double 3-Turns to Power Double Outside Rockers Serpentine Step Sequence
GOLD STAR	TEST 8	Accelerating Mohawks, Choctaws and Gallops Creative Exercises Expanding Exercises CW, CCW

510 REQUIREMENTS FOR FREE SKATING TESTS

- 510.1 There are nine tests in Free Skating.
- 510.2 Tests shall be marked in accordance with current GOE guidelines as listed in ISU Communications. No additional or un-prescribed elements may be added except for connecting steps.
- 510.3 A PPC form must be submitted along with the test form for Free Skating tests.
- 510.4 Test 0 is marked on a Pass/Fail basis.
For tests 1 – 8, the skaters shall receive Grades of Execution (GOE) marks for the elements and the GOE total to be achieved is as listed for each test. Any element receiving a GOE of –5 must be re-skated (refer to Rule 505 regarding number of re-skates permitted for each test). The presentation/performance of programmes shall be evaluated according to the following three-point scale:
- Exceeds standard expected at this level
 - Meets standard expected at this level
 - Below standard expected at this level
- In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) from all judges and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

511 FREE SKATING TESTS

TEST 0 ELEMENTARY CERTIFICATE (required for Elementary Singles)
Duration: up to 2 minutes 15 seconds

Perform the following elements to music

- a) Salchow
- b) Toe Loop
- c) Loop, Flip or Lutz
- d) Loop, Flip or Lutz (must be different to c))
- e) Upright spin without change of foot (min 3 revs)
- f) Step sequence utilising at least half the length of the ice surface

TEST 1 PRELIMINARY MEDAL
(required for Juvenile Under 12 and 12 & Over Singles)
Duration: up to 2 minutes 15 seconds

A well-balanced Preliminary programme must contain **7 elements:**

- a) Loop jump
- b) Flip or Lutz

- c) Spin in one position with no change of foot – choice of sit/camel (min 4 revs)
- d) Step sequence (fully utilises the ice surface).
- e) Jump different from those above (solo jump, combo not permitted)
- f) Jump combination consisting of two jumps, (jumps performed solo may be repeated in combination)
- g) Combination spin without a change of foot (min 4 revs)

Minimum GOE Total: -4

TEST 2 INTER BRONZE MEDAL (required for Basic Novice Singles)
Duration: 2 minutes 15 seconds +/- 10 seconds

A well-balanced Inter Bronze programme must contain **7 elements**:

- **Four (4) jump elements, one of which must be an axel type jump and two of which must be jump combinations or sequences.** A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult will be counted. All six (6) single jumps must be included in the programme.
- **Two (2) different spins of a different nature (abbreviation),** one of which must be a three position spin combination with a change of foot (minimum of six (6) revolutions in total) and one spin with no change of position with a change of foot (minimum of six (6) revolutions in total). Flying entrance is permitted.
- **One (1) step sequence** fully utilising the ice surface.

Minimum GOE Total: -4

TEST 3 BRONZE MEDAL (required for Intermediate Novice Singles)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Basic Novice. The maximum number of elements (including maximum number of jump combination/sequences) must be performed.

- One double jump must be included.
- One spin must have a flying entrance
- Combination spins must have three positions.

Minimum GOE Total: -4

TEST 4 INTER SILVER MEDAL (required for Advanced Novice Singles)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Intermediate Novice. The maximum number of elements (including maximum number of jump combination/sequences) must be performed.

- Three double jumps must be included.
- One spin must have a flying entrance
- Combination spins must have three positions.

Minimum GOE Total: -4

TEST 5 SILVER MEDAL (required for Junior Singles)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Advanced Novice Short Programme.

- Combination spins must have three positions.

Minimum GOE Total: -4

TEST 6 INTER GOLD MEDAL (required for Senior Singles)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Junior Short Programme.

- Combination spins must have three positions.

Minimum GOE Total: -4

TEST 7 GOLD MEDAL

Duration: may not exceed 2 minutes 50 seconds

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Senior Short Programme.

- Combination spins must have three positions.

Minimum GOE Total: -4

TEST 8 GOLD STAR MEDAL

The programme follows the requirements for the ISU Senior Free Skate programme but must include at least the following elements:

- a) Double Axel Paulsen
- b) Two different triple jumps
- c) One jump combination or sequence of jumps including at least one triple jump (different to those done in b)

Spins and steps must be a minimum of Level 2 in order to pass.

Minimum GOE Total: -7

512 REQUIREMENTS FOR PAIR SKATING TESTS

512.1 There are seven tests in Pair Skating.

512.2 All required movements stated are included in the ISU Judges Pairs Handbook.

512.3 The time allowed for the following Pair Skating tests is stated below. The time is to be taken from the moment the skater begins to move or skate.

512.4 Elements designated “solo” in the pair tests shall be performed by each skater in unison.

512.5 Except for Test 1 (Preliminary) to Test 3 (Bronze) and Test 8 (Gold Star), the test shall be the Short Programme per the Championship Grade and shall be marked accordingly with deductions given for errors as listed in ISU Communications. No additional or un-prescribed elements may be added except for connecting steps.

512.6 A PPC form must be submitted along with the test form for Free Skating tests.

512.7 For tests 1 – 8, the candidate(s) shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –5 must be re-skated (refer to Rule 505 regarding number of re-skates permitted for each test).

The presentation/performance of programmes shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate(s) must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

LIFT GROUPS

- Group 1 Armpit Hold position
- Group 2 Waist Hold position
- Group 3 Hand-to-Hip position or upper part of the leg (above the knee)
- Group 4 Hand-to-Hand position (Press Lift type)
- Group 5 Hand-to-Hand position (Lasso Lift type)

513 COMPOSITION OF A PAIR

Each Pair shall consist of a male and female skater.

514 TEST AS A PAIR

Each test will be judged as a Pair and not as individuals. A Pair test will pass or fail as a Pair. The Judges may examine only one Pair at a time. A partner who has previously passed the test is not affected by the failure of a test being attempted where they are acting as a partner. In a test where only one skater is being examined, a fall by the partner who is not being judged on a solo element, will not affect the GOE given for the element by the judge(s).

515 PAIR SKATING TESTS

TEST 1 PRELIMINARY MEDAL (required for Juvenile Pairs)

Duration: 2 minutes maximum

- a) one (1) solo jump combination consisting of two jumps
- b) one (1) solo spin or solo spin combination (minimum of 4 revolutions);
- c) one (1) pivot figure
- d) One (1) choreographic sequence which includes at least one (1) spiral position of each partner (not a kick).

Minimum GOE Total: -4

TEST 2 INTER BRONZE MEDAL (required for Pre Novice Pairs)

Duration: 2 minutes 15 seconds +/- 10 seconds

- a) One (1) solo jump
- b) One (1) solo spin or solo spin combination (minimum of 4 revolutions);
- c) One (1) pair spin or pair spin combination (minimum of 3 revolutions);
- d) One (1) pivot figure
- e) One (1) choreographic sequence which includes at least one (1) spiral position of each partner (not a kick).

Minimum GOE Total: -4

TEST 3 BRONZE MEDAL (required for Basic Novice Pairs)

- a) One (1) solo jump
- b) One (1) jump combination or sequence
- c) One (1) solo spin or solo spin combination (minimum of 4 revolutions);
- d) One (1) pair spin or pair spin combination (minimum of 3 revolutions);
- e) One (1) single throw jump
- f) One (1) choreographic sequence which includes at least one (1) spiral position of each partner (not a kick). The sequence will have a fixed Base value and be evaluated in GOE only

Minimum GOE Total: -4

TEST 4 INTER SILVER MEDAL (required for Advanced Novice Pairs)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Basic Novice. The maximum number of elements must be performed.

Minimum GOE Total: -4

TEST 5 SILVER MEDAL (required for Junior Pairs)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Advanced Novice Short Programme.

- Lifts may not be from Group 1 or 2.
- Solo jumps must be double.

Minimum GOE Total: -4

TEST 6 INTER GOLD MEDAL (required for Senior Pairs)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Junior Short Programme.

Minimum GOE Total: -4

TEST 7 GOLD MEDAL

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Senior Short Programme.

Minimum GOE Total: -4

TEST 8 GOLD STAR MEDAL

The programme follows the requirements for the ISU Senior Free Skate programme but must include at least the following elements:

- a) One double or triple twist lift
- b) One lift from Groups 3 or 4, with full extension of the lifting arm(s)
- c) One lift from Group 5
- f) Two double or triple throw jumps
- g) One solo triple jump
- h) One solo jump combination or one jump sequence consisting of two different double jumps
- i) One forward outside death spiral

Lifts, death spirals and spins must be a minimum of Level 2 in order to pass.

Minimum GOE Total: -7

516 REQUIREMENTS FOR PATTERN DANCE TESTS

516.1 Dances may be skated either as a couple or solo. Skaters may change from solo test to partnered test and vice versa without having to repeat tests already passed.

516.2 Each pattern dance must be skated alone on the ice surface as follows:

- a) For two sequences of the dance:

Starlight Waltz	Argentine Tango
Ravensburger Waltz	Tango Romantica
Yankee Polka	Golden Waltz

Austrian Waltz	Silver Samba
Cha Cha Congelado	Tango
Westminster Waltz	European Waltz
American Waltz	Midnight Blues
Swing Dance	Dutch Waltz
Finnstep	Willow Waltz

- b) For three sequences of the dance:
- | | |
|-----------------------|------------------|
| Viennese Waltz | Blues |
| Paso Doble | Tango Canasta |
| Baby Blues | Canadian Cha Cha |
| Hickory Hoedown | Rhythm Blues |
| Golden Skaters' Waltz | Tango Fiesta |
| Ten Fox | Riverside Rhumba |
- c) For four sequences of the dance:
- | | |
|-----------|----------------|
| Rhumba | Fourteenstep |
| Foxtrot | Rocker Foxtrot |
| Quickstep | |
- d) For six sequences of the dance:
- Kilian
- 516.3 The pattern dances shall be in accordance with the descriptions and diagrams contained in the current ISU Dance Regulations or available on the NZIFSA website (for non-ISU dances)
- 516.4 A candidate who is taking a Pattern Dance test need skate the test once only, and only one set of marks shall be awarded to apply to both candidates, who will then pass or fail together. However, a partner who has previously passed the test is not affected by failure in the test being tried where he or she is acting as a partner.
- 516.5 In cases where the partner is not sitting the test, after the candidate has skated the test dances with the partner the Referee may request the candidate to solo skate any of the dances attempted (or part thereof).
- 516.6 Skaters may take individual dances as part tests. This does not preclude a candidate from attempting an entire test at a test day. Those dances that are passed shall be credited towards the completion of the test and need not be subsequently re-skated when completing that test. Any dances failed may be re-skated after a three week waiting period. The full NZIFSA test fee shall apply to a part test or re-skate.
- 516.7 Skaters may choose to test all of the dances in a level. If skaters pass all of the dances on a level, they will be awarded that level with Merit. The dances may be taken all on the same day or individually to receive Merit for that level. A skater will only receive a dance level as a standard pass or a pass with Merit but not both.
- 516.8 Test 0 is marked on a Pass/Fail basis.
For tests 1 – 8, the skaters shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –5 must be re-skated (refer to Rule 505 regarding number of re-skates permitted for each test). The presentation/performance of programmes shall be evaluated according to the following three-point scale:
- Exceeds standard expected at this level
 - Meets standard expected at this level
 - Below standard expected at this level
- In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) from all judges and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

517 PATTERN DANCE TESTS

- TEST 0 ELEMENTARY CERTIFICATE** (required for Elementary Dance)
Any two of the following dances to be skated (to be declared at the time of the test application):
- Dutch Waltz
 - Tango Canasta
 - Rhythm Blues
- TEST 1 PRELIMINARY MEDAL** (required for Juvenile Dance)
Any two of the following dances to be skated (to be declared at the time of the test application):
- Swing Dance Minimum GOE Total: -2 total for the 2 sections
 - Tango Fiesta Minimum GOE Total: -2 total for the 3 sections
 - Golden Skaters' Waltz Minimum GOE Total: -2 total for the 3 sections
- TEST 2 INTER BRONZE MEDAL** (required for Basic Novice Dance)
Any two of the following dances to be skated (to be declared at the time of the test application):
- Ten-Fox Minimum GOE Total: -2 total for the 3 sections
 - Willow Waltz Minimum GOE Total: -2 total for the 2 sections
 - Riverside Rhumba Minimum GOE Total: -2 total for the 3 sections
- TEST 3 BRONZE MEDAL** (required for Intermediate Novice Dance)
Any two of the following dances (to be declared at the time of the test application):
- Foxtrot Minimum GOE Total: -4 total for the 4 sections
 - European Waltz Minimum GOE Total: -2 total for the 2 sections
 - Fourteenstep Minimum GOE Total: -4 total for the 4 sections
- TEST 4 INTER SILVER MEDAL** (required for Advanced Novice Dance)
Any two of the following dances (to be declared at the time of the test application):
- Rocker Foxtrot Minimum GOE Total: -4 total for the 4 sections
 - Tango Minimum GOE Total: -2 total for the 2 sections
 - American Waltz Minimum GOE Total: -2 total for the 2 sections
 - Kilian Minimum GOE Total: -6 total for the 6 sections
- TEST 5 SILVER MEDAL** (required for Junior Dance)
Any two of the following dances (to be declared at the time of the test application):
- Paso Doble Minimum GOE Total: -2 total for the 3 sections
 - Cha Cha Congelado Minimum GOE Total: -2 total for the 2 sections
 - Starlight Waltz Minimum GOE Total: -4 total for the 4 sections
 - Blues Minimum GOE Total: -2 total for the 3 sections
- TEST 6 INTER GOLD MEDAL** (required for Senior Dance)
Any two of the following dances (to be declared at the time of the test application):
- Argentine Tango Minimum GOE Total: -4 total for the 4 sections
 - Westminster Waltz Minimum GOE Total: -4 total for the 4 sections
 - Quickstep Minimum GOE Total: -4 total for the 4 sections
 - Silver Samba Minimum GOE Total: -4 total for the 4 sections
- TEST 7 GOLD MEDAL**
Any three of the following dances (to be declared at the time of the test application):

Viennese Waltz	Minimum GOE Total: -2 total for the 3 sections
Yankee Polka	Minimum GOE Total: -4 total for the 4 sections
Rhumba	Minimum GOE Total: -4 total for the 4 sections
Austrian Waltz	Minimum GOE Total: -4 total for the 4 sections

TEST 8 GOLD STAR

Any three of the following dances (to be declared at the time of the test application):

Tango Romantica	Minimum GOE Total: -4 total for the 4 sections
Ravensburger Waltz	Minimum GOE Total: -4 total for the 4 sections
Golden Waltz	Minimum GOE Total: -4 total for the 4 sections
Midnight Blues	Minimum GOE Total: -4 total for the 4 sections
Finnstep	Minimum GOE Total: -4 total for the 4 sections

518 REQUIREMENTS FOR FREE DANCE TESTS

- 518.1 For definitions and restrictions refer to the current ISU Regulations.
- 518.2 A candidate who is taking a Free Dance test need skate the test once only, and only one set of marks shall be awarded to apply to both candidates, who will then pass or fail together. However, a partner who has previously passed the test is not affected by failure in the test being tried where he or she is acting as a partner.
- 518.3 For tests 1 – 3, the skaters shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –5 must be re-skated (refer to Rule 505 regarding number of re-skates permitted for each test). The presentation/performance of programmes shall be evaluated according to the following three-point scale:
- Exceeds standard expected at this level
 - Meets standard expected at this level
 - Below standard expected at this level
- In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) from all judges and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

519 FREE DANCE TESTS

TEST 1 BRONZE MEDAL

Duration: three minutes +/- 10 seconds.

The content requirements are as per current ISU Rules for ISU Advanced Novice Free Dance

Minimum GOE Total: -5 total for all required elements.

TEST 2 SILVER MEDAL

Duration: three minutes thirty seconds +/- 10 seconds.

The content requirements are as per current ISU Rules for ISU Junior Free Dance

Minimum GOE Total: -5 total for all required elements.

TEST 3 GOLD MEDAL

Duration: four minutes +/- 10 seconds.

The content requirements are as per current ISU Rules for ISU Senior Free Dance

Minimum GOE Total: -5 total for all required elements.