

NZIFSA – 2022 Ice Dance - RHYTHM DANCE ELEMENTS – V2

- Junior: Tango plus at least one of the following Dance Styles – Paso Doble, Flamenco, Spanish Waltz, Fandango, Bolero, Jota, Sevillanas, Milonga.
- Senior: Latin Dance Styles: At Least Two (2) Different Dance Styles/Rhythms chosen from Salsa, Bachata, Merengue, Mambo, Cha Cha, Rhumba, Samba

Grade	Lift Elements	Twizzles	Step Sequences	PD Element
<p>Junior</p> <p>Time: 2:50 (+/- 10 sec)</p> <p>Falls: -1.0</p> <p>Components: SS / TR / PE / CH / IN</p>	<ul style="list-style-type: none"> • 1 Short Lift <ul style="list-style-type: none"> - 7 seconds max 	<ul style="list-style-type: none"> • 1 Set of Sequential Twizzles <ul style="list-style-type: none"> - Max one step between - No contact between twizzles 	<ul style="list-style-type: none"> • 1 Step Sequence <ul style="list-style-type: none"> - Midline or diagonal - Style B - In hold/not touching/both - Different rhythm to PD Elements 	<ul style="list-style-type: none"> • Two sections of Argentine Tango <ul style="list-style-type: none"> - To Tango rhythm/style - 94-98 BPM - Consecutively/separately (any order) - 1AT (steps 1-18) on judges' left side, 2AT (steps 19-31) on judges' right side - Hold variations permitted.
<p>Senior</p> <p>Time: 2:50 (+/- 10 sec)</p> <p>Falls: -1.0</p> <p>Components: SS / TR / PE / CH / IN</p>	<ul style="list-style-type: none"> • 1 Short Lift <ul style="list-style-type: none"> - 7 seconds max 	<ul style="list-style-type: none"> • 1 Set of Sequential Twizzles <ul style="list-style-type: none"> - Max one step between - No contact between twizzles 	<ul style="list-style-type: none"> • 1 Step Sequence <ul style="list-style-type: none"> - Midline or diagonal - Style B - In hold/not touching/both - Different rhythm to PD Elements 	<ul style="list-style-type: none"> • One Pattern Dance Type Step Sequence (Style D) <ul style="list-style-type: none"> - Half lap (short axis to short axis) - Starts with a stop - In hold throughout • One Choreographic Rhythm Sequence <ul style="list-style-type: none"> - Along short axis