

500 SECTION - TESTS

501 ORDER OF TESTS

All Standard tests are to be taken in numerical order. Competitive tests (obtained before 2017) will make the skater eligible to take the standard test required for the next grade (e.g. Skaters holding the Junior Competitive test may take the Inter-Gold test in that discipline whether or not they hold Silver)

502 GENERAL REQUIREMENTS

502.1 Test fees will be set by the Board each year, and will include the cost of a medal and/or certificate. The General Secretary will supply Clubs with a current list of fees. All costs incurred in the taking of any test will be the responsibility of the Club and/or skater concerned and shall not be the responsibility of the Association.

502.2 All candidates for tests conducted under the rules of the Association must be members in good standing with an affiliated Club and hold a current NZIFSA T/C Registration Number.

502.3 Applications (with fees) for tests are to be made by the candidates to their Club Secretary/ Test Competition Secretary no later than twenty-one days prior to the proposed test date or less at the discretion of the Club Test/Competition Secretary. Application forms for tests must be signed by a Level 2, 3, or 4 NZIFSA accredited coach, as well as a parent or caregiver (or skater if 18+) and their Home Club Secretary / Test Competition Secretary. Apprentice Level 2 coaches must have the test form co-signed by their mentor.

502.4 It is the responsibility of the Club Secretary/Test Coordinator or representative to arrange the ice time for the tests and advise the NZIFSA Test / Competition Secretary or representative who shall arrange the Judges and a Referee, who may be one of the Judges. Clubs may find their own judges, however, the NZIFSA T/C Secretary must be notified of all scheduled test sessions and the judges they are proposing to use so that these can be approved. Failure to comply with Rule 502.4 could result in test(s) being considered invalid.

502.5 On completion of the tests it shall be the responsibility of the Referee to collect all Judges' sheets (including passes and failures) and hand these to the Club Secretary/Test Coordinator or representative for completion of a test summary form to be sent within seven days to the NZIFSA Test/Competition Secretary. The skater and/or their Coach (named on the test form) has the right to request a copy of the judges' sheets for that skater from the club TC Secretary. The request must be made within 10 days following the test.

Payment shall be made to the skater's home club and then Clubs will be invoiced for the test fees by the NZIFSA.

502.6 Additional tests may be taken (time permitting) at the discretion of the Referee provided the completed test application and appropriate fees have been lodged with the Club Secretary/Test Coordinator or representative.

502.7 A candidate failing a test must wait for three weeks before taking the test again except that in extenuating circumstances, the NZIFSA Test/ Competition Secretary may set a date less than three weeks.

502.8 A candidate not appearing at the appointed time for their test must send their reason for not appearing in writing to the NZIFSA Test/Competition Secretary within seven days after the test date. Failure to supply a satisfactory explanation to the NZIFSA

Test/Competition Secretary will necessitate the reapplication for the test plus another test fee.

- 502.9 Any withdrawals from a test day (for other than medical or bereavement reasons or exceptional circumstances) must be made a minimum of 7 days prior to the test date. Failure to comply will necessitate the reapplication for the test plus another test fee.
- 502.10 Only test officials, candidates for tests and NZIFSA accredited coaches may be rinkside or in the marshalling area during tests. Apprentice Level 2 coaches may be rinkside provided that they are under the supervision of their mentor.
- 502.11 As an alternative to taking tests at a dedicated test session, skaters may apply to the NZIFSA TC Secretary to have a Free Skating, Pair Skating, Pattern Dance or Free Dance Test credited to them where they have achieved the requirements for that test in the course of an NZIFSA sanctioned competition (as defined in Rule 201), provided that said competition occurred after 1 January 2021 and had a minimum of two judges and two technical panel officials. Such application must be received within one week of publication of results. Where more than two judges are on panel, a draw will be conducted by the NZIFSA TC Secretary (or nominated representative) after the conclusion of the competition to determine which two judges' marks will be used. Subject to the TC Secretary verifying that the competition protocol provides evidence that the test level has been attained, and that the skater's club has received payment of the requisite test fee, the corresponding test shall be awarded.
- 502.12 Warm up times
A warm up period of six minutes in duration must be provided prior to all tests (except Pattern Dance tests, for which the warm up duration is three minutes per dance).

503 CONDITIONS OF ICE AND MUSIC

- 503.1 The Referee may call off any test where the condition of the ice or music in their opinion is not satisfactory.
- 503.2 The Referee may stop any test due to rinkside interference or distractions to skaters or judges. Restart point at the discretion of the Referee.
- 503.3 The ice surface will be clear of any distractions other than the skater or skaters taking their test.
- 503.4 An adequate sound system will be used to replay any or all music necessary for the appropriate tests.

504 WHOLE TEST ON SAME DAY

In all cases the whole test must be skated on the same day with the same panel of Judges except for Pattern Dance tests.

505 RE-SKATES

- 505.1 Free Skating, Pairs, Stroking and Dance - A test which is complete in itself may be re-skated only where external causes interfere. All the Judges must mark the re-skated test as re-skated without reference to the original skating.
- 505.2 Elements in isolation – in the event of a failure during the test and at the Judges' discretion the following re-skates will be permitted:
- Tests 0, 1, 2 and 3 for Free skating and Pairs, two re-skates are permitted. Tests 0, 1, 2, and 3 for Pattern Dance, one re-skate is permitted per dance.
 - Tests 4 and above for Free skating and Pairs, three re-skates are permitted. Tests 4 and above for Pattern Dance, two re-skates are permitted per dance.

- Free Dance Tests 1 to 4, one re-skate is permitted. Free Dance Tests 5 & 6, two re-skates are permitted.

The re-skates may comprise the same or different elements. Any elements receiving a GOE of -5 (including mandatory -5 deductions for invalid ISU short programme requirements in free skate tests 5 – 7) must be re-skated first before other elements may be re-skated (these count towards the total number of re-skates permitted). Elements in isolation must be re-skated immediately upon request, without practice. Required elements that have not been performed during the test will be given a -5 GOE and accordingly must be re-skated first. If the overall minimum passing GOE has been obtained, no re-skates are required, even if one or more elements has received a -5 GOE.

An element marked as No Value (NV) in a competition skate is treated as a -5 for the purposes of calculating a cumulative GOE for test credit purposes.

- 505.3 **Stroking Tests** – In the event of failure, one element may be re-skated once at the discretion of the Judges.

506 JUDGING OF TESTS

- 506.1 Marking must be in accordance with the rules applying to the particular level of skating and any particular rules set out in the test requirements. The closed marking system shall be used for all tests.
- 506.2 The NZIFSA Test/Competition Secretary must approve the judges for all tests. Two judges (not more), each holding the appropriate test judging grading, must be appointed for all tests except as follows; one judge can be used for Elementary tests providing that they are graded with a test level of Bronze or higher, Judges that are graded for Gold or higher test level for that discipline may single panel judge tests up to and including Bronze.
- 506.3 The candidate must satisfy each Judge appointed for the test.
- 506.4 A Judge or Referee may not officiate at a test where any of the following circumstances prevail:
- a) When they are closely related (defined as husband, wife, de facto partner, mother, father, son, daughter, sister and brother) to the candidate.
 - b) When they have been a skating partner or a team member of the candidate during the past 12 months in a competition or test.
 - c) When they are closely related to either:
 - i) a coach of the candidate or
 - ii) any person who has been a coach of the candidate during the preceding twelve months.
 - d) When due to extenuating circumstances, a Judge or Referee is required to officiate contrary to Rule 506.4, prior approval must be sought from and given in writing by the Officials Director or nominated representative before the test can proceed.
- 506.5 Judges may not review a skater's performance in person/via video within a period of three weeks prior to judging that skater for an NZIFSA Test. NZIFSA sanctioned competitions, tests and feedback sessions for monitoring purposes are exceptions to this rule. All skating participants in such events have the right to receive feedback from the panel of officials with respect to that event.

507 TEST CROSS CREDITS

- 507.1 Skaters who move permanently to New Zealand, or hold New Zealand citizenship, or are a Pairs or Ice Dance partner of a New Zealand Citizen, and have passed tests of an overseas ISU Member country may be exempted from sitting lower level NZIFSA tests as follows provided they submit proof of test passes to the NZIFSA (with elements achieved) and proof of competition level from their previous country.
- a) Skaters at Basic Novice to Senior level will be granted a cross-credit for the corresponding Free Skate/Stroking/Pairs/Ice Dance test required to enter the respective grade or at the level achieved in their respective country;
 - b) Skaters below Basic Novice level shall start at no higher than the Preliminary level test.
 - c) Skaters from overseas, or New Zealand skaters who take tests of another Member Federation, will only have their cross credits considered once.
- 507.2 Skaters who move permanently to New Zealand, hold New Zealand Citizenship, or are a Pairs or Ice Dance partner of a New Zealand Citizen, and have previously qualified for an ISU Championship (including meeting the required TES), may request credit for the corresponding NZIFSA test(s) required to enter the respective grade. Evidence of qualification must be provided, however, participation in the ISU Championship is not a requirement.

508 REQUIREMENTS FOR STROKING TESTS

508.1 GENERAL REQUIREMENTS

The Stroking Tests are basic skating moves skated with or without music as an optional choice.

The terms and judging standards applied are as for basic skating.

The elements in the Stroking Tests shall be skated in the order as set forth in the schedule of tests.

Stroking turns must be judged in accordance with the criteria set forth in the corresponding Test Rules.

Stroking must be commenced from a standing, stationary position with a minimum number of introductory steps.

If a skater starts a move on the wrong foot or skates a move other than that prescribed, the Referee must draw attention to the mistake as soon as possible. The mistake must be treated as a false start.

Such fresh start must be allowed only once.

Skaters shall select the area on the ice surface for the Stroking Test, directed by the Referee.

508.2 BASIC RULES FOR STROKING

An effortless, flowing and graceful execution should be achieved. Within the limits of the following rules, complete freedom is allowed to the skater.

- a) The head should be carried in an upright position, relaxed and naturally held

- b) The upper body should be upright but not stiff
- c) The arms should be held gracefully
- d) The free leg should be extended with the toe pointed

The steps must be skated in accordance with the diagrams and descriptions. The number of steps must be skated as prescribed. Subject to a general conformity with the basic requirements, complete freedom is allowed to the skater with respect to arm and free leg positions.

Stroking must be skated with good edges, control, flow, extension, carriage and rhythm. An even speed and flow should be maintained throughout. Maximum utilisation of the ice surface is desirable. Ice coverage must not be obtained by the use of flat or shallow edges. Music may be used at all levels and is a requirement for Gold Star Stroking exercises.

508.3 MARKING

Stroking will be judged by awarding a mark out of five for each element. The marks will be awarded as follows:

1. Well below the standard.
2. Below the standard.
3. Meets the standard.
4. Above the standard.
5. Well above the standard.

In determining this result consideration will be given to:

- a) Accuracy – the correct start, steps and adherence to the general pattern
- b) Edge Quality – characterised by a stable arc and controlled body rotation, the edge ideally without subcurves or wobbles, initiated by placing the body and blade on an angle to the surface of the ice and stepping on the required edge. This edge and arc will ideally commence immediately at the point where the skater takes the ice and travels uninterrupted until a required transition takes place
- c) Extension – the controlled stretching of the free leg complimented by an upright body posture. The height of the extension is determined by the type of movement being executed as is the extension of the upper body. The final extended position should always be attained in a controlled fashion
- d) Quickness – quickness refers to foot speed. It is the precise, rapid and crisp execution of turns, change of edge and transitions, usually in a brisk and continuous cadence. Refinements to acknowledge include quick movement that is quiet, fluid and continuous without disturbing the proper and erect carriage of the upper body and without interrupting the established rhythm.
- e) Power – power is obvious and rapid acceleration, often from a standstill position, achieved by a forceful, gripping pressure exerted by the skating leg and skate against the surface of the ice. Power includes maintaining or increasing speed while executing various skating elements. Power is relative to the size of the skater but can be attained with proper stroking technique.
- f) Any other requirements, as detailed for each exercise in the NZIFSA Stroking Skills Manual 2016 or any updates thereof.

A skater must meet the overall passing score for the test (as in Rule 509) in order to pass. In addition, if more than one exercise receives a mark of two or below, or any exercise receives a mark of one, the skater will fail the test.

509 STROKING TESTS - INDEX TO STROKING REQUIREMENTS

ELEMENTARY TEST 0 (required for Pre Elementary Singles and Elementary Pairs)	Perimeter Stroking Basic Consecutive Edges Passing score: 6
PRELIMINARY TEST 1 (required for Elementary Singles)	Waltz Eight Forward and Backward Crossovers Spiral Step Sequence Forward Power Three-Turns Alternating Forward Inside Three-Turns Alternating Backward Crossovers to Backward Outside Edges Passing score: 18
INTER BRONZE TEST 2 (required for Juvenile Singles and Pairs)	Forward and Backward Perimeter Power Stroking FO-BI Three-Turns in the Field FI-BO Three-Turns in the Field Forward and Backward Power Change of Edge Pulls Five-Step Mohawk Sequence Passing score: 15
BRONZE TEST 3 (required for Basic Novice Singles and Pre Novice Pairs)	Stroking: Forward Power Circle Stroking: Backward Power Circle Eight-Step Mohawk Sequence Forward and Backward Free Skate Cross Strokes Backward Power Three-Turns Forward Double Three-Turns Passing Score: 18
INTERSILVER TEST 4 (required for Intermediate Novice Singles and Basic Novice Pairs)	Backward Double Three-Turns Spiral Sequence Brackets in the Field Sequence Forward Twizzles Inside Slide Chasse Pattern Passing score: 15
SILVER TEST 5 (required for Advanced Novice Singles and Pairs)	Inside Three-Turns/Rocker Choctaws Forward and Backward Outside Counters Forward and Backward Inside Counters Forward Loops Backward Rocker Choctaw Sequence Backward Twizzles Passing score: 18
INTERGOLD TEST 6 (required for Junior Singles and Pairs)	Forward and Backward Outside Rockers Forward and Backward Inside Rockers Power Pulls Choctaw Sequence Backward Loop Pattern Straight Line Step Sequence Passing score: 18
GOLD TEST 7 (required for Senior Singles and Pairs)	Sustained Edge Step Spiral Sequence

Pairs) Backward Outside Power Double Three-Turns to Power Double Inside Rockers
Backward Inside Power Double 3-Turns to Power Double Outside Rockers
Serpentine Step Sequence
Passing score: **15**

GOLD STAR TEST 8 Accelerating Mohawks, Choctaws and Gallops
Creative Exercises
Expanding Exercises CW, CCW
Passing score: **9**

510 REQUIREMENTS FOR FREE SKATING TESTS

- 510.1 There are nine tests in Free Skating.
- 510.2 Tests shall be marked in accordance with current GOE and Programme Component guidelines as listed in ISU Communications. No additional or un-prescribed elements may be added except for connecting steps.
- 510.3 A PPC form must be submitted along with the test form for Free Skating tests.
- 510.4 For all tests, the skaters shall receive Grade of Execution (GOE) marks for the elements and the GOE total to be achieved is as listed for each test. Likewise, the skaters shall receive a mark for Presentation (on the ISU component scale) and the mark must meet or exceed the mark as listed for each test.

In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) from both judges and meet or exceed the Presentation mark required from both judges.

511 FREE SKATING TESTS

TEST 0 ELEMENTARY CERTIFICATE (required for Elementary Singles)
Duration: 1 minute and 30 seconds +/- 10 Seconds

Perform the following elements to music

- a) Solo single Salchow
- b) Solo single Toe Loop
- c) Solo single Loop, Flip or Lutz
- d) Solo single Loop, Flip or Lutz (must be different to c))
- e) Upright spin without change of foot (min 3 revs)
- f) Step sequence utilising at least half the length of the ice surface

Minimum GOE Total: -4

Minimum Presentation mark: 1.50

TEST 1 PRELIMINARY MEDAL
(required for Juvenile Under 12 and 12 & Over Singles)
Duration: **1 minute and 30 seconds +/- 10 seconds**

A well-balanced Preliminary programme must contain **7 elements**:

- a) Solo Loop type jump (only single or double jumps permitted).
- b) Solo Flip or Lutz type jump (only single or double jumps permitted).
- c) Spin in one position with or without change of foot, flying entry optional – choice of sit/camel (min 4 revs)
- d) Step sequence (Must utilize at least half the ice surface)

- e) Solo jump or jump combination or jump sequence (solo jump must be different from those above, jumps performed solo may be repeated in a jump combination or sequence once, only single or double jumps permitted).
- f) Jump combination consisting of two jumps, (jumps performed solo may be repeated in a combination or sequence once. Only single or double jumps permitted)
- g) Combination spin with or without a change of foot, no flying entry (min 4 revs)

Minimum GOE Total: -4

Minimum Presentation mark: 2.00

TEST 2 INTER BRONZE MEDAL (required for Basic Novice Singles)
Duration: 2 minutes +/- 10 seconds

A well-balanced Inter Bronze programme must contain **7 elements**:

Four (4) jump elements

- 2 combination jumps or 1 jump sequence and 1 jump combination are required. A jump combination or sequence can only contain 2 jumps.
- Any jump can be repeated only once, and this repetition must be done either in a jump combination or jump sequence.
- All six (6) jump types (Salchow, Lutz, Flip, Loop, Toe Loop, Axel) must be included in the programme (only single and double jumps are permitted).

Two Spin (2) elements

- 1 Spin Combination with 3 positions, with or without change of foot, min 6 revs in total, NO Flying Entry.
- 1 Spin with no change of position and with change of foot, min 4 revs in total, may commence with a Fly.

One (1) Step Sequence

- Must fully utilize the ice surface
- Must include a minimum of 1 difficult turn / step executed on clean edges.
- Must include min one skating movement (e.g spiral, spread eagle, Ina Bauer, hydroblading etc).

Minimum GOE Total: -4

Minimum Presentation mark: 2.25

TEST 3 BRONZE MEDAL (required for Intermediate Novice Singles)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Basic Novice. The maximum number of elements (including maximum number of jump combination/sequences) must be performed.

- One double jump must be included.
- One spin must have a flying entrance
- Combination spins must have three positions.

Minimum GOE Total: -4

Minimum Presentation mark: 2.50

TEST 4 INTER SILVER MEDAL (required for Advanced Novice Singles)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Intermediate Novice. The maximum number of elements (including maximum number of jump combination/sequences) must be performed.

- Three double jumps must be included.

- One spin must have a flying entrance
- Combination spins must have three positions.

Minimum GOE Total: -4

Minimum Presentation mark: 2.75

TEST 5 SILVER MEDAL (required for Junior Singles)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Advanced Novice Short Programme.

- Combination spins must have three positions.

Minimum GOE Total: -4

Minimum Presentation mark: 3.00

TEST 6 INTER GOLD MEDAL (required for Senior Singles)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Junior Short Programme.

- Combination spins must have three positions.

Minimum GOE Total: -4

Minimum Presentation mark: 3.50

TEST 7 GOLD MEDAL

Duration: may not exceed 2 minutes 50 seconds

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Senior Short Programme.

- Combination spins must have three positions.

Minimum GOE Total: -4

Minimum Presentation mark: 4.00

TEST 8 GOLD STAR MEDAL

The programme follows the requirements for the ISU Senior Free Skate programme but must include at least the following elements:

- Double Axel Paulsen
- Two different triple jumps
- One jump combination or sequence of jumps including at least one triple jump (different to those done in b)

Spins and steps must be a minimum of Level 2 in order to pass.

Minimum GOE Total: -7

Minimum Presentation mark: 4.50

512 REQUIREMENTS FOR PAIR SKATING TESTS

512.1 There are seven tests in Pair Skating.

512.2 All required movements stated are included in the ISU Judges Pairs Handbook.

- 512.3 The time allowed for the following Pair Skating tests is stated below. The time is to be taken from the moment the skater begins to move or skate.
- 512.4 Elements designated “solo” in the pair tests shall be performed by each skater in unison.
- 512.5 Except for Test 1 (Preliminary) to Test 3 (Bronze) and Test 8 (Gold Star), the test shall be the Short Programme per the Championship Grade and shall be marked accordingly with deductions given for errors as listed in ISU Communications. No additional or un-prescribed elements may be added except for connecting steps.
- 512.6 A PPC form must be submitted along with the test form for Free Skating tests.
- 512.7 For all tests, the skaters shall receive Grade of Execution (GOE) marks for the elements and the GOE total to be achieved is as listed for each test. Likewise, the skaters shall receive a mark for Presentation (on the ISU component scale) and the mark must meet or exceed the mark as listed for each test. In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) from all judges and meet or exceed the Presentation mark required.

LIFT GROUPS

- Group 1 Armpit Hold position
 Group 2 Waist Hold position
 Group 3 Hand-to-Hip position or upper part of the leg (above the knee)
 Group 4 Hand-to-Hand position (Press Lift type)
 Group 5 Hand-to-Hand position (Lasso Lift type)

- 512.8 Skaters with higher-level Singles Free Skating tests are eligible to test at a higher level without having to first complete lower-level Pair Skating Free Skate tests as per the following:

- Inter Silver FS test holders can start at the Bronze Pairs test
- Silver FS test holders can start at the Inter Silver Pairs test
- Inter Gold FS test holders can start at the Silver Pairs test

513 COMPOSITION OF A PAIR

Each Pair shall consist of a male and female skater.

514 TEST AS A PAIR

Each test will be judged as a Pair and not as individuals. A Pair test will pass or fail as a Pair. The Judges may examine only one Pair at a time. A partner who has previously passed the test is not affected by the failure of a test being attempted where they are acting as a partner. In a test where only one skater is being examined, a fall by the partner who is not being judged on a solo element, will not affect the GOE given for the element by the judge(s).

515 PAIR SKATING TESTS

TEST 1 PRELIMINARY MEDAL (required for Juvenile Pairs)

Duration: 2 minutes maximum

- a) one (1) solo jump combination consisting of two jumps
- b) one (1) solo spin or solo spin combination (minimum of 4 revolutions);
- c) one (1) pivot figure
- d) One (1) choreographic sequence which includes at least one (1) spiral position of each partner (not a kick).

Minimum GOE Total: -4

Minimum Presentation mark: 2.00

TEST 2 INTER BRONZE MEDAL (required for Pre Novice Pairs)

Duration: 2 minutes 15 seconds +/- 10 seconds

- a) One (1) solo jump
- b) One (1) solo spin or solo spin combination (minimum of 4 revolutions);
- c) One (1) pair spin or pair spin combination (minimum of 3 revolutions);
- d) One (1) pivot figure
- e) One (1) choreographic sequence which includes at least one (1) spiral position of each partner (not a kick).

Minimum GOE Total: -4

Minimum Presentation mark: 2.25

TEST 3 BRONZE MEDAL (required for Basic Novice Pairs)

- a) One (1) solo jump
- b) One (1) jump combination or sequence
- c) One (1) solo spin or solo spin combination (minimum of 4 revolutions);
- d) One (1) pair spin or pair spin combination (minimum of 3 revolutions);
- e) One (1) single throw jump
- f) One (1) choreographic sequence which includes at least one (1) spiral position of each partner (not a kick). The sequence will have a fixed Base value and be evaluated in GOE only

Minimum GOE Total: -4

Minimum Presentation mark: 2.50

TEST 4 INTER SILVER MEDAL (required for Advanced Novice Pairs)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for Basic Novice. The maximum number of elements must be performed.

Minimum GOE Total: -4

Minimum Presentation mark: 2.75

TEST 5 SILVER MEDAL (required for Junior Pairs)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Advanced Novice Short Programme.

- Lifts may not be from Group 1 or 2.
- Solo jumps must be double.

Minimum GOE Total: -4

Minimum Presentation mark: 3.00

TEST 6 INTER GOLD MEDAL (required for Senior Pairs)

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Junior Short Programme.

Minimum GOE Total: -4

Minimum Presentation mark: 3.50

TEST 7 GOLD MEDAL

Requirements shall be as per current ISU Regulations and relevant ISU Communications for the Senior Short Programme.

Minimum GOE Total: -4

Minimum Presentation mark: 4.00

TEST 8 GOLD STAR MEDAL

The programme follows the requirements for the ISU Senior Free Skate programme but must include at least the following elements:

- a) One double or triple twist lift
- b) One lift from Groups 3 or 4, with full extension of the lifting arm(s)
- c) One lift from Group 5
- f) Two double or triple throw jumps
- g) One solo triple jump
- h) One solo jump combination or one jump sequence consisting of two different double jumps
- i) One forward outside death spiral

Lifts, death spirals and spins must be a minimum of Level 2 in order to pass.

Minimum GOE Total: -7

Minimum Presentation mark: 4.50

516 REQUIREMENTS FOR PATTERN DANCE TESTS

516.1 Dances may be skated either partnered or solo. Skaters may change from solo test to partnered test and vice versa without having to repeat tests already passed.

516.2 Each pattern dance must be skated alone on the ice surface as follows:

a) For two sequences of the dance:

Starlight Waltz	Argentine Tango
Ravensburger Waltz	Tango Romantica
Yankee Polka	Golden Waltz
Austrian Waltz	Silver Samba
Cha Cha Congelado	Tango
Westminster Waltz	European Waltz
American Waltz	Midnight Blues
Swing Dance	Dutch Waltz
Finnstep	Willow Waltz

b) For three sequences of the dance:

Viennese Waltz	Blues
Paso Doble	Tango Canasta
Baby Blues	Canadian Cha Cha
Hickory Hoedown	Rhythm Blues
Golden Skaters' Waltz	Tango Fiesta
Ten Fox	Riverside Rhumba

c) For four sequences of the dance:

Rhumba	Fourteenstep
Foxtrot	Rocker Foxtrot
Quickstep	

d) For six sequences of the dance:

Kilian

- 516.3 The pattern dances shall be in accordance with the descriptions and diagrams contained in the current ISU Dance Regulations or available on the NZIFSA website (for non-ISU dances)
- 516.4 A candidate who is taking a Pattern Dance test with a partner need skate the test once only, and only one set of marks shall be awarded to apply to both candidates, who will then pass or fail together. However, a partner who has previously passed the test is not affected by failure in the test being tried where he or she is acting as a partner.
- 516.5 In cases where the partner is not sitting the test, after the candidate has skated the test dances with the partner, the Referee may request the candidate to solo skate any of the dances attempted (or part thereof).
- 516.6 Skaters may take individual dances as part tests. This does not preclude a candidate from attempting an entire test at a test day. Those dances that are passed shall be credited towards the completion of the test and need not be subsequently re-skated when completing that test. Any dances failed may be re-skated after a three week waiting period. The full NZIFSA test fee shall apply to a part test or re-skate.
- 516.7 Skaters may choose to test all of the dances in a level. If skaters pass all of the dances on a level, they will be awarded that level with Merit. The dances may be taken all on the same day or individually to receive Merit for that level. A skater will only receive a dance level as a standard pass or a pass with Merit but not both.
- 516.8 For all tests, the skaters shall receive Grade of Execution (GOE) marks for the elements and the GOE total to be achieved is as listed for each test. Likewise, the skaters shall receive a mark for Presentation (on the ISU component scale) and the mark must meet or exceed the mark as listed for each test. In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) from all judges and meet or exceed the Presentation mark required.
- 516.9 Pattern Dance Test Fast Track:
Skaters with higher level stroking tests are eligible to pursue dance tests at a higher level without having to first complete all lower level dances first.
- If a skater has SILVER level stroking, they are eligible to test for and attain Bronze Medal pattern dance by competing ONE pattern dance from the Inter Bronze pattern dance test list and TWO pattern dances from the Bronze pattern dance test list. The required GOE and performance PCS are the same as for the level they are taken from. All three dances must have different rhythms.
- If a skater has INTER GOLD level stroking, they are eligible to test for and attain Inter Silver Medal pattern dance by competing ONE pattern dance from the Bronze pattern dance test list and TWO pattern dances from the Inter Silver pattern dance test list. The required GOE and performance PCS are the same as for the level they are taken from. All three dances must have different rhythms.
- If a skater has GOLD level stroking, they are eligible to test for and attain Silver Medal pattern dance by competing ONE pattern dance from the Inter Silver pattern dance test list and TWO pattern dances from the Silver pattern dance test list. The required GOE and performance PCS are the same as for the level they are taken from. All three dances must have different rhythms.
- Skaters who have met the criteria and achieved fast track advancement of Dance Tests are eligible to test the equivalent level free dance as per 518.5.

517 PATTERN DANCE TESTS

- TEST 0 ELEMENTARY CERTIFICATE** (required for Elementary Dance)
Any two of the following dances to be skated (to be declared at the time of the test application):
- | | |
|---------------|--|
| Dutch Waltz | Minimum GOE Total: -2 total for the 2 sections |
| Tango Canasta | Minimum GOE Total: -2 total for the 3 sections |
| Rhythm Blues | Minimum GOE Total: -2 total for the 3 sections |
- Minimum Presentation mark (in each dance): 1.50
- TEST 1 PRELIMINARY MEDAL** (required for Juvenile Dance)
Any two of the following dances to be skated (to be declared at the time of the test application):
- | | |
|-----------------------|--|
| Swing Dance | Minimum GOE Total: -2 total for the 2 sections |
| Tango Fiesta | Minimum GOE Total: -2 total for the 3 sections |
| Golden Skaters' Waltz | Minimum GOE Total: -2 total for the 3 sections |
- Minimum Presentation mark (in each dance): 2.00
- TEST 2 INTER BRONZE MEDAL** (required for Basic Novice Dance)
Any two of the following dances to be skated (to be declared at the time of the test application):
- | | |
|------------------|--|
| Ten-Fox | Minimum GOE Total: -2 total for the 3 sections |
| Willow Waltz | Minimum GOE Total: -2 total for the 2 sections |
| Riverside Rhumba | Minimum GOE Total: -2 total for the 3 sections |
- Minimum Presentation mark (in each dance): 2.25
- TEST 3 BRONZE MEDAL** (required for Intermediate Novice Dance)
Any two of the following dances (to be declared at the time of the test application):
- | | |
|----------------|--|
| Foxtrot | Minimum GOE Total: -4 total for the 4 sections |
| European Waltz | Minimum GOE Total: -2 total for the 2 sections |
| Fourteenstep | Minimum GOE Total: -4 total for the 4 sections |
- Minimum Presentation mark (in each dance): 2.50
- TEST 4 INTER SILVER MEDAL** (required for Advanced Novice Dance)
Any two of the following dances (to be declared at the time of the test application):
- | | |
|----------------|--|
| Rocker Foxtrot | Minimum GOE Total: -4 total for the 4 sections |
| Tango | Minimum GOE Total: -2 total for the 2 sections |
| American Waltz | Minimum GOE Total: -2 total for the 2 sections |
| Kilian | Minimum GOE Total: -6 total for the 6 sections |
- Minimum Presentation mark (in each dance): 2.75
- TEST 5 SILVER MEDAL** (required for Junior Dance)
Any two of the following dances (to be declared at the time of the test application):
- | | |
|-------------------|--|
| Paso Doble | Minimum GOE Total: -2 total for the 3 sections |
| Cha Cha Congelado | Minimum GOE Total: -2 total for the 2 sections |
| Starlight Waltz | Minimum GOE Total: -4 total for the 4 sections |
| Blues | Minimum GOE Total: -2 total for the 3 sections |
- Minimum Presentation mark (in each dance): 3.00
- TEST 6 INTER GOLD MEDAL** (required for Senior Dance)
Any two of the following dances (to be declared at the time of the test application):
- | | |
|-------------------|--|
| Argentine Tango | Minimum GOE Total: -2 total for the 2 sections |
| Westminster Waltz | Minimum GOE Total: -4 total for the 4 sections |

Quickstep Minimum GOE Total: -4 total for the 4 sections
Silver Samba Minimum GOE Total: -4 total for the 4 sections
Minimum Presentation mark (in each dance): 3.50

TEST 7 GOLD MEDAL

Any three of the following dances (to be declared at the time of the test application):

Viennese Waltz Minimum GOE Total: -2 total for the 3 sections
Yankee Polka Minimum GOE Total: -4 total for the 4 sections
Rhumba Minimum GOE Total: -4 total for the 4 sections
Austrian Waltz Minimum GOE Total: -4 total for the 4 sections
Minimum Presentation mark (in each dance): 4.00

TEST 8 GOLD STAR

Any three of the following dances (to be declared at the time of the test application):

Tango Romantica Minimum GOE Total: -4 total for the 4 sections
Ravensburger Waltz Minimum GOE Total: -4 total for the 4 sections
Golden Waltz Minimum GOE Total: -4 total for the 4 sections
Midnight Blues Minimum GOE Total: -4 total for the 4 sections
Finnstep Minimum GOE Total: -4 total for the 4 sections
Minimum Presentation mark (in each dance): 4.50

518 REQUIREMENTS FOR FREE DANCE TESTS

- 518.1 For definitions and restrictions refer to the current ISU Regulations.
- 518.2 A team who is taking a Free Dance test need skate the test once only, and only one set of marks shall be awarded to apply to both candidates, who will then pass or fail together. However, a partner who has previously passed the test is not affected by failure in the test being tried where he or she is acting as a partner.
- 518.3 A PPC form must be submitted along with the test form for Free Dance tests.
- 518.4 For all tests, the skaters shall receive Grade of Execution (GOE) marks for the elements and the GOE total to be achieved is as listed for each test. Likewise, the skaters shall receive a mark for Presentation (on the ISU component scale) and the mark must meet or exceed the mark as listed for each test. In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) from all judges and meet or exceed the Presentation mark required.
- 518.5 Skaters who have met the criteria and achieved fast track advancement of Pattern Dance Tests as per 516.9 are eligible to test the equivalent level free dance.
- Bronze pattern dance test attained permits testing of Bronze Free dance.
 - Inter Silver pattern dance test attained permits testing of Inter Silver Free dance.
 - Silver pattern dance test attained permits testing of Silver Free dance.

519 FREE DANCE TESTS

TEST 1 INTER BRONZE MEDAL

Duration: 1 minute 30 seconds +/- 10 seconds.

Three (3) Choreographic Elements: One (1) of which must be a Choreographic Character Step Sequence

And

Two (2) additional chosen from:

- Choreographic Lift
- Choreographic Spinning Movement
- Choreographic Twizzling Movement
- Choreographic Sliding Movement

Minimum GOE Total: -2 total for all required elements.

Minimum Presentation mark: 2.25

TEST 2 BRONZE MEDAL

Duration and content requirements are as per current ISU Communications for Basic Novice Free Dance

Minimum GOE Total: -3 total for all required elements.

Minimum Presentation mark: 2.50

TEST 3 INTER SILVER MEDAL

Duration and content requirements are as per current ISU Communications for Intermediate Novice Free Dance

Synchronized Twizzle minimum requirement: double twizzles

Minimum GOE Total: -3 total for all required elements.

Minimum Presentation mark: 2.75

TEST 4 SILVER MEDAL

Duration and content requirements are as per current ISU Communications for Advanced Novice Free Dance

Synchronized Twizzle minimum requirement: double twizzles

Minimum GOE Total: -3 total for all required elements.

Minimum Presentation mark: 3.00

TEST 5 INTER GOLD MEDAL

Duration and content requirements are as per current ISU Rules for Junior Free Dance

Synchronized Twizzle minimum requirement: triple twizzles

Minimum GOE Total: -3 total for all required elements.

Minimum Presentation mark: 3.50

TEST 6 GOLD MEDAL

Duration and content requirements are as per current ISU Rules for Senior Free Dance

Synchronized Twizzle minimum requirement: triple twizzles

Minimum GOE Total: -3 total for all required elements.

Minimum Presentation mark: 4.00