

Appendix A: Requirements to Complete Course

Level Achieved to Practice at Level	KiwiSkate Assistant	Introduction to Coaching	Level 1	Level 2	Level 3
Attend Full Course	Required	Required	Required	Required	Required
Practical Component	N/A	N/A	40 hours of coaching undertaken and detailed in a log book, signed and handed in	75 hours of coaching undertaken and detailed in a log book, signed and handed in per discipline	75 hours of coaching undertaken and detailed in a log book, signed and handed in per discipline
Skater Test Pass	N/A	N/A	Minimum of Preliminary Test *	Minimum of -Inter Silver Test for Singles, Dance & Pairs** -Bronze Test for Synchronised	Minimum of Inter Gold Stroking Test AND Inter Gold Free Skate Freeskate/Dance/Pairs Test ** -Inter Silver Test for Synchronised**
Written Technical Module	N/A	N/A	80% pass	80% pass per discipline	80% pass per discipline
Practical Assessment	Completed to a satisfactory level	Completed to a satisfactory level	Completed to a satisfactory level	Completed to a satisfactory level	Completed to a satisfactory level
Home Study Assignments	N/A	N/A	N/A	Completed to a satisfactory level	Completed to a satisfactory level
Lesson Plan Submitted	1 Lesson Plan	1 Lesson Plan	Progressive Lesson Plan	Yearly Planning Instrument	Yearly Planning Instrument
DVD Assessment	N/A	N/A	Requirements on Checklist		
Current First Aid	Recommended	Recommended	Comprehensive or Workplace Certification	Comprehensive or Workplace Certification	Comprehensive or Workplace Certification
Apprentice Programme	N/A	N/A	Requirements – see Appendix B	Peer Support	Peer Support
Required to Apply for Level	N/A	N/A	Introduction to Coaching	Level 1 (Active for 2 years from the date you attended your level 1 course)	Level 2 (Active for 2 years from the date you attended your level 2 course)
Police Check	Required if over 18 years of age	Required if over 18 years of age	Required if over 18 years of age	Required	Required

Level Achieved to Practice at Level	KiwiSkate Assistant	Introduction to Coaching	Level 1	Level 2	Level 3
NZIFSA Coach Membership	Kiwi Skate	Kiwi Skate	Full	Full	Full
Minimum Age	14 years	15 years	16 years	18 years	20 years
Minimum Test Level Held prior to initial seminar	Elementary Recommended	Preliminary Required	Inter Silver Required	Silver Required	Inter Gold Required
Public Liability Insurance	Required by some rinks	Required by some rinks	Recommended. May be a requirement for AUS Interstate competitions (check announcements)	Recommended. May be a requirement for international competitions (check announcements)	Recommended. May be a requirement for international competitions (check announcements)
Continuing Education Points	N/A	5 points per year	15 points per year	25 points per year	25 points per year

***Apprentice coaches using other coaches students for test requirements must have the permission of the student (or their guardian if <18yrs) and coach in regards to signing the test form and have worked with the skater for a minimum of 10 hrs.**

**** In recognition of the limited number of skaters in many clubs/arenas that are skating at the higher levels, retrospective test passes may be considered. Coaches will need to apply to the Coaching Director for dispensation.**