

Handbook for Technical Panels

Synchronized Skating

Season 2023 – 2024

In case of any discrepancies between the handbook and the current valid rule books and communications the rule books and communications will take precedence.

Number of Skaters skating on a Team	Number of Skaters needed to count the error (¼ of the Team making an error)		For Teams required to be comprised of certain number of Skaters according to the Category and Competitions and compete with less Skaters (Advanced Novice, Junior, Senior, Senior Elite 12)
16 Skaters	4 Skaters making an error		The Technical Panel will determine the level of the Element as skated then lower the Element one level
15 Skaters	3 Skaters making an error		Exception: for the Creative and Mixed Elements there will be no penalty
14 Skaters	3 Skaters making an error		Referee must inform Technical Controller when Teams are competing with less Skaters than required/intended
13 Skaters	3 Skaters making an error		For International Competitions:
12 Skaters	3 Skaters making an error		- If the TP has not been informed that a Team is competing with less than the intended number of Skater(s),
11 Skaters	2 Skaters making an error		the TP will apply the penalties accordingly
10 Skaters	2 Skaters making an error		- If a Team is competing with less than the required number of Skaters. The TP will apply the penalties accordingly
9 Skaters	2 Skaters making an error		- For Championships:
8 Skaters	2 Skaters making an error		- If a Team is competing with less than the required number of Skaters. The TP will apply the penalties accordingly

PRINCIPLES OF CALLING

BASIC REQUIREMENTS for ELEMENTS

Scenario	Call	Notes/Examples
If a Fall, illness or interruption occurs	Call Element, Feature(s), Additional Features as executed	Call what is executed by the rest of the Team
If the Element does not meet the technical requirements in the current Special Regulations and Technical Rules for SyS OR the requirements in the WBP OR the Basic Requirements for Element	Call Element no value	Even when not met by one Skater or more i.e. – one Skater or more stops The Intersection required in the SP is included in the FS
If two of these Elements (NHE, SySp or TwE) follow one another without a clear difference between the two Elements	Call the first Element as executed + No Value for the 2 nd	The NHE, TwE, and SySp may be skated in any order with a clear difference between the two Elements such as; a different Element Shape at the start of the next Element OR a clear connection in-between the two Elements

DIFFICULTY GROUP (Chart)

If the Difficulty level requirements are met/attempted	Call the Element	The level is called when meeting the requirements listed in the Element Chart
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GENERAL ELEMENT REQUIREMENTS

If the General Element Requirements listed for each Element are not met/attempted by ¼ of the Team or more	Lower Element one level for each requirement not met.	Base is the lowest call Includes Specific Intersection Requirements
If the first attempt of a GL, Spin, fm or Pair Pivot fails, and the Skater(s) make a 2 nd attempt	Count the error and ignore the 2 nd attempt	fm position not attained or there is a failure to lift/spin/pivot

SPECIFIC ELEMENT REQUIREMENTS		
CHOREOGRAPHIC REQUIREMENTS		
If an Element, Feature or Additional Feature has not been choreographed correctly when required to be at the same time	Call the Element, Feature or Additional Feature + "choreo error" (!)	IF fms begin at different times and part of the first fm(s) does NOT overlap with the start of the next fm(s) NOTE: The choreographic error is not called for errors in unison or poor execution
GENERAL FEATURE REQUIREMENTS		
If the General Feature and Specific Feature requirements are not met/attempted by ¼ of the Team or more	Feature is not counted	
If All, ½ or ¼ of the Team are required to execute a Feature and the number of Skaters is incorrect	Feature is not counted	Artistic Element - When ½ of the Team must Pivot, but less than ½ of the Team is participating
If a Feature is repeated in an Element	Feature is counted	Only one correctly executed and most difficult Feature will be counted
If two or more Features are executed at the same time	Features are counted	A Circle Element has two recognizable Features being executed at the same time 1. Weaving (weaving twice) 2. Change of Position (weaving once) - Both Features will be counted if weaving occurs three times - Only Weaving will be counted if occurring twice
GENERAL ADDITIONAL FEATURE REQUIREMENTS (Point of Intersection and Step Sequence)		
If the Basic Requirements for an Additional Feature are not met/attempted	Call Additional Feature no value	Even when not met by one Skater or more
If the Difficulty level requirements are not met	Additional Feature is called	According to the requirements listed in the Chart
If an Additional Feature (Step Sequence) is repeated within an Element	Additional Feature is called	Only one correctly executed and the most difficult Additional Feature will be counted
SPECIFIC ADDITIONAL FEATURE REQUIREMENTS – see Errors for Turns/Step and Point of Intersection for details		
SHORT PROGRAM (SP)		
If un-prescribed or additional Elements or a repetition of Elements are included/executed	DED3 will be called	See Rule 991 para 3.
FALLS		
If a Fall is identified within an Element	Call the Element level + Additional Feature (<i>if required</i>) + Fall + DED	DED is called for each Skater that Falls. Evaluate Element using the remaining Skaters who were not affected by the Fall
DED 4 – ILLEGAL ELEMENTS / FEATURES / ADDITIONAL FEATURES/MOVEMENTS (Junior/Senior/Senior Elite 12 SP/FS & Novice FS)		
If the Illegal Movement is an Element	Element is called no value + DED4	
If the Illegal Movement is included in the Feature	Element is called + Feature is not counted + DED4	
If the Illegal Movement is included in the Additional Feature	Element is called + Additional Feature is called no value + DED4	
If there is an Illegal Movement included during a Connection	DED4	

Errors for Required Turns / Loops / Twizzles that must be correctly executed in ELEMENTS, ADDITIONAL FEATURE & FEATURES		
<p>ELEMENT: If ¼ of the Team or more execute the same type of error(s) (not due to a fall)</p> <p>FEATURE & ADDITIONAL FEATURE (s): If ¼ of the Team or more execute the same OR different type of error(s) (not due to a fall)</p> <p>Types of Errors for one-foot or two-foot Turns, loop or twizzle</p> <ul style="list-style-type: none"> - A two-footed entry or exit (except Twizzles) - Free foot touches down - Knee action (three turns) during all or part of a Twizzle - Executed on the spot (Twizzles for at least 360° rotation) - Jumped - Entry and/or exit is executed on a straight line (flat) (except Twizzles) - Skidded, when the blade moves over the ice sideways (except Twizzle) - Not attempted - Not the same type at the same time 	<p>ELEMENT: - Each turns/step will not be counted if ¼ of the Team or more make the same type of errors</p> <p>FEATURE & ADDITIONAL FEATURE: - Each turns/step will not be counted if ¼ of the Team or more make the same type of error(s)</p> <p>OR</p> <p>Each Turns/step will not be counted if multiple errors made by ¼ of the Team or more</p> <p>Exception: Twizzle Element – twizzle Errors (lower Element one level)</p>	<ul style="list-style-type: none"> - Scratched and/or Turns with shallow lobes are counted towards the level - The reduction for multiple errors will only be utilized once when there have been no other reduction(s).
If only two difficult turns are correctly executed in a series of three different difficult turns	Count as a series of two difficult turns	Even if the turns are not executed one after the other
If recognizable Turns are required	Feature is counted	Must be done using one foot at a time. A correct entry edge or exit edge is not required

CREATIVE ELEMENT (Cr)		
The Element begins when the group(s) and/or pair(s) are formed		
If the Team executes an Un-sustained Pair or Group Lift	Call Element no value	Stationary, Gliding and Rotational Lifts are acceptable
If a Skater falls and does not arrive in time to lift or be lifted	Confirm the Element	No matter if the fall occurs during a Connection or after the GL/pairs have been formed
If a lift(s) is attempted but the Skaters do not complete the lift (collapses or position not achieved)	Confirm the Element	

GROUP LIFT (GL) HOW TO CALL THE GL

The first lifted position executed by each lifted Skater determines the level (difficult or simple, majority of torso above head level)
 The lifted position begins to be evaluated once a fixed position of all lifted Skaters has been attained

For a Team of 16 Skaters:

- GL4 – All lifted Skaters begin the GL in a difficult position
- GL3 – at least ½ of the Skaters begin the GL in a difficult position
- GL2 – Most the Skaters begin the GL in a simple position

A downgrade will be applied each time the following error(s) are made within each GL (for the first position and/or second position (if part of a Feature))

Minor Errors

- Lifted Skater has achieved but does not maintain the lifted position
 - o NOTE: The torso may be lowered below head level during a Change of Lifted Position OR during the Interaction Between Group Lifts and/or Lifted Skaters

Severe Errors

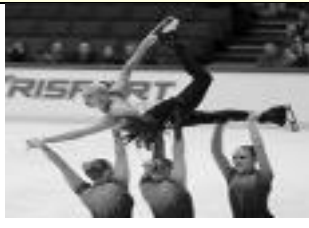
- Collapsing GL – collapse occurs after the lifted Skater achieves the fixed lifted position
- Lift position not attained – the lifted Skater fails to achieve the or second lifted position

Severe and Minor Errors are cumulative

All types of errors will be added together to determine the penalty as outlined below

- Types of Errors may be the same or different and may be in the same or different Groups Lifts

if one minor error	Downgrade Element once (<)	GLB is the lowest level if all Skaters attempt a GL
if two minor errors	Downgrade Element twice (<<)	
if three minor errors	Lower Element one level	
if one severe error	Lower Element one level	
if one severe error occurs + one minor error occurs	Lower Element one level + Downgrade once (<)	
if one severe error occurs + two minor errors occur	Lower Element one level + Downgrade twice (<<)	
If a collapse occurs after the lifted Skater achieves the fixed lifted position	Call the Element GL3	Element starts at GL4 (if all lifted Skaters are in a difficult position) + Element is lowered one level (for one severe error)
If GL4 is attempted but one of the GLs does not attain the first lifted position	Call the Element GL2	Element starts at GL3 (if at least ½ of the GL use a difficult position) + Element is lowered one level (for one severe error)
Failure to lift due to a Fall (Either in the Connection before the Group(s) form or after the Group(s) has formed)	Call Element as executed + Fall	Evaluate the remaining GL(s) not affected by the Fall Call the Fall where it occurs - in the Connection or Element
Failure to lift not due to a Fall	Call Element no value	Even if one GL makes the error

Types of LIFTED POSITIONS		
A Spiral Variation is not considered as a Difficult Position		The lifted Skater does not show a STRONG bend/arch of their back in at least semi-circle.
A lifted position will be considered as a Difficult if the back shows a STRONG bend/arch and even IF the legs are not in a full split		
Split Position – the lifted Skater’s legs may be straight or slightly bent		
GL FEATURE NOTES		
If a GL with a Rotation does not rotate as required for a Feature	Feature is not counted	Even if only one GL does not rotate
If the 2 nd position required for a Feature is not achieved by the required number of Skaters for a level	Feature is not counted	Even if only one lifted Skater does not achieve the correct 2 nd position
If the 2 nd position required for a Feature is achieved but not maintained	Feature is counted + Downgrade once (<)	Even if only one lifted Skater does not maintain the correct lifted position
If there are four Split positions used at the same time	Feature is not counted	Maximum of two Split positions must be used at the same time
IF lifted Skaters rest on the shoulders of supporting Skaters	Feature is counted	Lifted Skaters are permitted to rest on the shoulders of the Supporting Skater(s) during any part of a GL (entry/exit, during the first or 2 nd lifted position if using a Feature)
Change of Lifted Position		
If the lifted Skater drops below head level of the supporting Skaters during the transition from the first position to the 2 nd	Feature is counted	
If using the same type of lifted position and both lifted positions are distinctly different	Feature is counted	<p>Two different lifted positions will be accepted even if each lifted position the lifted Skater remains on their front.</p> <p>Accepted: A lifted Skater begins in a U-Position before changing to a Biellmann Position</p> <p>Only changing the orientation of the lifted Skaters torso does not meet the requirements for the Feature;</p> <p>Not accepted: A lifted Skater’s torso begins vertical - standing in an Upright Extension 170° and then becomes horizontal as they lay on their back remaining in an Upright Extension 170°</p>
Difficult Entry		
If there is not a continuous movement that has an impact on achieving the main lifted position	Feature is not counted	The continuous movement is permitted to pause briefly in-between the Difficult Entry and the main lifted position for Skaters to stabilize before attaining the main lifted position
Interaction Between the Group Lifts and/or the Lifted Skaters		
If the lifted Skater drops below head level of the supporting Skaters during the Feature	Feature is counted	

INTERSECTION ELEMENT (I)		
Types of Errors for back-to back requirements , if a ¼ of the Team or more make the same type of error(s) (not due to a fall) <ul style="list-style-type: none"> - Skaters do not have a hold before the pi begins - Skaters do not pivot a minimum of 90° (box or triangle, V) - Skaters do not remain back-to-back before the pi begins unless there are continuous backward 360°/720° pi 	Lower Element one level for each type of error The lowest call will be Base	Exception: Level 1 does not require all Skaters to be back-to-back during the approach
SPECIFIC REQUIREMENTS FOR EACH TYPE OF INTERSECTION		
For All Intersections		
If the Team is only gliding on two feet to achieve their hold after the Feature	Lower Element one level	Only gliding on two feet to achieve the hold is not permitted
If the Team remains in the Spread Eagle with a hold before beginning the pi	Call the Element	Only gliding on two feet to achieve the hold is not permitted Spread Eagles, Ina Bauers and Lunges are permitted
Angled Intersection		
If ¼ of the Team does not achieve a hold before the “additional rotations” begin	Lower Element one level	Two spaces without a hold = four Skaters
If the Feature is correctly completed BUT the required hold is achieved AFTER the lead Skaters begin to overlap (as a result the “additional rotations” begin later than required)	Lower Element one level + Feature is counted + Lower pi one level	For the Element the required hold was achieved too late For the Feature: must be completed during the Approach phase (once the lines overlap, the approach phase has ended) For the pi: additional rotations started too late
If the Feature is completed AFTER the lead Skaters begin to overlap (the “additional rotations” begin later than required)	Lower Element one level + Feature is not counted + Lower pi one level	For the Element: the required hold was achieved too late For the Feature: not completed during the Approach phase (once the lines overlap, the approach phase has ended) For the pi: additional rotations started too late
Collapsing Intersection		
If ¼ of the Team does not achieve a hold before the pi begins or if pivoting; before the 90° pivot begins	Lower Element one level	Two spaces without a hold = four Skaters
If all corners of the Intersection do not intersect at the same time	Lower Element one level	If two or more corners do not intersect at the same time
Whip Intersection		
If ¼ of the Team doesn't achieve or maintain a hold before the last 90° of pivoting	Lower Element one level	Two spaces without a hold = four Skaters
The required distance in-between the end Skaters of each line is not achieved or maintained for the last 90° pivot	Lower Element one level	For the last 90° pivot until the lead Skaters become back-to-back with the axis
If the lead Skaters skate along the axis of the intersection instead of being mostly stationary	Lower Element one level	A slight deviation by the lead Skater(s) movement is permitted
If the Feature is completed during and/or after the last 90° of pivoting and ¼ of the Team doesn't achieve a hold	Feature is not counted	Must be completed before the required hold

GENERAL ADDITIONAL FEATURE REQUIREMENTS - POINT OF INTERSECTION (pi)		
If ALL Skaters complete the pi before OR start the pi after the axis	piB is called	If all Skaters attempt a pi
If ¼ of the Team or more execute any of the following same OR different type of error(s) during a pi (not due to a fall) <ul style="list-style-type: none"> - pi is completed before the axis - pi starts after the axis - extra pi - pi in opposite directions within the same line - pauses in pi (not continuous) - A forward push within a backward pi - Any part of the pi is executed on the same spot - Stopping or becoming stationary 	Lower pi one level for each error (same type) <p style="text-align: center;">OR</p> Lower pi one level for multiple errors made by ¼ of the Team or more (<i>Called one time only if there have been no other reduction(s)</i>) piB will be the lowest call if all Skaters attempt a pi	The reduction for multiple errors will only be utilized when there have been no other reduction(s) <p>Extra pi:</p> i) More than the permitted degrees of rotation for a level <ul style="list-style-type: none"> - If a backward 720° pi rotation ends forwards or vice versa ii) More than the permitted number of pi <ul style="list-style-type: none"> - If a Collapsing includes a 3rd pi rotation <p>Pauses in pi rotations, not continuous:</p> <ul style="list-style-type: none"> - That assists Skaters to pass by each other or are due to a bump

ADDITIONAL FEATURE REQUIREMENTS FOR VARIOUS TYPES OF INTERSECTIONS		
Angled Intersection		
IF the ‘additional rotations’ begin considerably more before the lead Skaters begin to overlap	Lower pi one level	The “additional rotations” are part of the pi requirements and must begin “just” before or as the lines begin to overlap
Collapsing Intersection		
For pi1 & pi2 Option A (360°): If the first pi ends before the corners intersect by more than ¼ of the Team and the second pi ends inside the intersection	Call the pi	
For pi2 Option B pi3 & pi4 (720°): If the first pi ends before the corners intersect by more than ¼ of the Team and the second pi ends inside the intersection	Lower pi one level	
If the 2 nd backward pi finishes forwards inside the box/triangle	Lower pi one level	A backward pi must end backwards
If the 2 nd backward pi finishes backwards inside the box/triangle but the Team steps forwards without pausing	Lower pi one level	If executing a backward pi that ends backwards, then Skaters may continue to skate backwards, OR must pause after the backward pi IF turning to skate forwards to exit
Whip Intersection		
If the pi rotates more than 360° before Skaters go through the axis	Lower pi one level	
pi Features		
Collapsing Intersection		
If each required pi rotation includes one of the pi Features	Count one pi Feature	At least one of the required pi rotations must include all pi Features

MOVE ELEMENT (ME) HOW TO CALL THE ME

The first fm executed by each Skater determines the level

The fm begins to be evaluated once a fixed position of all Skaters (in their respective fm) has been attained

For a Team of 16 Skaters:

- ME4 – when at least 14 Skaters begin the fms in a difficult type of fm position
- ME3 – when at least 8 Skaters begin the fms in a difficult type of fm position
- ME2 – when at least 9 Skaters begin the fms in a simple type of fm position or do not achieve a difficult type of fm position

A downgrade will be applied for the following errors each time

For an fm without a Feature; requiring 3 seconds in the correct position + edge:

1. Correct fm position is not maintained for at least three seconds (loss of position)
2. Correct edge is not maintained for at least three seconds (loss of edge)
3. Three seconds is not achieved in a correct fm position/edge (loss of time)

For an fm with a Feature: the 1st fm position before (or during) the Feature: requiring 2 seconds in correct position + edge;

Features: Change of Free Leg Position, Change of Rotational Direction, Change of Type of fm, Change of Edge, Change Position during a Free Skating Move

1. Correct fm position is not maintained for at least two seconds (loss of position)
2. Correct fm position is not maintained during a Change (Position, Edge etc.)
3. Correct edge is not maintained for at least two seconds (loss of edge)
4. Two seconds is not achieved while in a correct fm position/edge (loss of time)

For an fm with a Feature: the 2nd part of the Feature: requiring 2 seconds on the correct edge;

Features: Change of Free Leg Position, Change of Rotational Direction, Change of Type of fm, Change of Edge, Change Position during a Free Skating Move

1. Correct edge is not maintained for at least two seconds (loss of edge)
2. Two seconds is not achieved while in a correct fm position/edge (loss of time)

Errors are cumulative – IF there are different types of errors, they will be added together to determine the penalty

The same fm error must be made by at least ¼ of the Team or more before a downgrade can be applied

One error	Element is downgraded once (<)	MEB is the lowest level if all Skaters attempt an fm
Two errors	Element is downgraded twice (<<)	
Three errors	Element is lowered one level	

GENERAL ELEMENT REQUIREMENTS

If the timing requirements have been met by an fm but the Skaters remain in the fm position	Call Element	fm is considered as ended; Skater(s) are permitted to remain in an fm position after the fm or ME has ended
Fall(s): If there is a fall and all fms are considered as ended (timing requirement is met)	Call Element + Fall in Connection	

ME FEATURES		
Count the number of correctly executed Features		
Calling the 2ND part of the fm during the following Features:		
Change of Free Leg Position, Change of Rotational Direction, Change of Type of fm, Change of Edge, Change Position during a Free Skating Move		
If the 2 nd required fm position of the Feature is not achieved	Feature is not counted	Position not achieved
If the 2 nd required fm position of the Feature is achieved and not maintained OR If the position after the Change Position or Change of Edge is not maintained	Feature is counted + downgrade once (<)	Loss of position during the Feature
If there are more than the necessary turns/edges when changing Rotational Direction or changing feet	Feature is not counted	(i.e., crossovers or extra pushes)
Change Position during an fm		
If ¼ of the Team does not have a hold before OR after the change	Feature is not counted	Two spaces = four Skaters
If ¼ of the Team does not establish their own track before OR after the change	Feature is not counted	
If ¼ of the Team does not hold the fm position or edge for two seconds after the change	Feature is not counted	The two seconds for the edge/position will begin once the Skaters have regripped
Intersecting/Passing-through		
Must be executed at the same or different times	Feature is counted	

NO HOLD ELEMENT (NHE)		
FEATURE NOTES		
Features may be done separately or together with another Feature(s) Exception; Pivoting		
Pivoting Feature		
Measurement ends when the block has stopped pivoting for two seconds or more, or changed configuration or rotational direction		
If using the Feature plus Different Configurations and/or Change of Position	Features are not counted	
Choreographic Series		
If the Choreo Series begins at the same time as pivoting	Feature is counted	

PAIR ELEMENT (Pa)		
The degree of pivoting begins to be counted once the pivoting begins and a fixed position of all supported Skaters has been attained		
PAIR REQUIREMENTS		
Pair Errors of the Supported Skater: - Head and/or body is higher than knee level - Knee, hand and/or head touches the ice at any time (not including a fall) - Not gliding on their blade for the required number of rotations - On two feet during the entry or exit	Counted as one pair making an error	Not gliding on the blade: Supported Skater's blade is coming off from the ice or Supported Skater is gliding on a boot Exception: when changing edges during the Change of Edge Feature
Errors are cumulative – IF there are different types of errors, they will be added together to determine the penalty Errors must be made by at least ¼ of the Team (2 Pairs) or more before a penalty can be applied		
Number of Errors for a Team comprised of and competing with 14 to 16 Skaters		
If two or three pairs make an error (two pairs for 11 to 13 Skaters)	Lower one level	
If four or five pairs make an error (three pairs for 11 to 13 Skaters)	Lower two levels	
If six pairs make an error (four pairs for 11 to 13 Skaters)	Lower three levels	
If all pairs make an error	PaB is called	
Backward Inside DS		
If the body is held higher than knee level of the Supporting Skater	Feature is not counted	
Change of Edge		
If the lower Skater starts the DS on a RFI edge and changes feet to a LFO edge	Feature is counted	
PIVOTING ELEMENTS (PB and PL)		
If ¼ of the Team or more are not attached for the majority of the Element	Call no value	
GENERAL PIVOTING REQUIREMENTS		
Pivoting Errors If at least ¼ of the Team or more have done the following - Stopped pivoting for two seconds or more (pivoting is ended) - Changed configuration - Changed rotational direction	Call the level accordingly before pivoting ended	Once pivoting has ended no other turns will be counted towards the level
NOTES		
For PB3 - The + One "Difficult one-foot turn"	Turn is counted	The turn may or may not be part of a series
CHANGE OF PIVOT POINT MEASUREMENT – BLOCK/LINE		
The measurement for pivoting begins during and/or after the pivot point changes ends		
For PB2/PL2: Pivoting ends when the Block/Line(s) stops pivoting		
For PB3 & PB4 / PL3 & PL4: Pivoting ends at the completion of the exit edge of the last required turn		
If the change of pivot point is executed on a Circular/looped Pattern where the Skaters cross their own track	Feature is not counted PB1/PL1 is the highest call	Change of pivot point will not be counted regardless of the number of degrees executed after the change

SPIN ELEMENT (SySp)		
If the spin is not in a correct simple position	Lower Element one level	If a ¼ of the Team is not in the correct position
If the spin is not in a correct difficult position	Call Element + Feature is not counted	If a ¼ of the Team is not in the correct position
If the spin rotates less than three revolutions	Call Element no value	Count the minimum number of rotations for a spin
If the spin position for a Feature is not achieved and/or maintained for the required number of revolutions	Call Element + Feature is not counted	Count the number of rotations executed while in a correct spin position during the Feature
If the spin position for a Feature does not rotate the required number of revolutions	Feature is not counted	

TRAVELING ELEMENT (TrE)		
GENERAL TRAVELLING REQUIREMENTS		
If the Element has stopped traveling/rotating for two seconds or more (travel is ended)	Call the level accordingly before travel ended	Once travel has ended, no other correctly executed Feature may be counted towards the level
Change of Rotational Direction		
If the Element stops rotating for more than two seconds	Feature is not counted	

TWIZZLE ELEMENT (TwE)		
<p>A maximum of four-foot placements are permitted in-between each of the twizzles</p> <ul style="list-style-type: none"> - When Skaters are standing on two feet (not counting the exit of a twizzle) it will be considered as one foot placement - For each of the foot placements permitted in-between twizzles, there is no limit on the number of turns or movements performed while on one foot - The fifth foot placement must be the entry of the twizzle 		
For TwE3 and TwE4: If two Features or more are included from the same Group	Only one Feature will be counted from each Group	
<p>Twizzle errors: The same type of error executed by a total of ¼ of the Team or more in either twizzle (not due to a fall)</p> <ul style="list-style-type: none"> - Touch down during the rotations (not including the entry/exit) - Knee action (three turns) - At least 360° rotation of a twizzle is executed on the same spot - Twizzle not attempted - Not the same type of twizzle executed at the same time - A 6th foot placement is the entry of a Twizzle 	<p>Lower Element one level for each type of twizzle error</p> <p>Lower Element one level if there are multiple errors made by ¼ of the Team or more</p> <p>TEB will be the lowest called</p>	<p>On a Team of 16 Skaters</p> <ul style="list-style-type: none"> - If 4 Skaters make an error in twizzle #1 + 4 Skaters made the same error in twizzle #2 = one error - If 4 Skaters make an error in Twizzle #1 + 4 Skaters make a different error in twizzle #2 = two errors - If 4 Skaters make the same error in twizzle #1 + 2 Skaters make a different error + 2 Skater make another different error in twizzle #2 = two errors - If one error is made by 2 Skaters in twizzle #1 + 2 Skater make the same or different error in twizzle #2 = one error - Twizzles are permitted to have a two-foot entry and/or exit

Twizzle Element FEATURE NOTES		
Group A		
Continuous Movement of Arms		
If a Team is using the both the Continuous Movement of Arms and Holding the Free Foot Features at the same time	Both Features are counted	The Continuous Movement of Arms Feature is permitted to be done using one arm if done at the same time as the other hand is Holding the Free Foot
Group D		
A Third Twizzle		
If an Error is executed by ¼ of the Team or more	Feature is not counted	
If Feature(s) are included in the third twizzle	Feature is counted + Other Features are not counted	Features must be included in either of the first two twizzles to be counted
Group D Features		
If there is a long entry to the twizzle (with or without a Jump Entry) and Skaters have already changed Position / Configuration / Element Shape before starting to rotate	Feature is not counted	Skaters are already in their new place before starting the Twizzle

NOTES on COMMON FEATURES
Change of Position (B, C, L, W, NHE, TrE, TwE)
<ul style="list-style-type: none"> - Each Skater assists by skating towards their new place (Skaters may remain in their new place or return to their starting place) - Slowing down to allow another Skater/Line to pass will not meet the requirements - The Change of Position refers to either the movement of a line/spoke changing places OR the movement of individual Skaters within the same line/spoke who are changing places while remaining in the same Element shape and/or configuration <ul style="list-style-type: none"> - Lines or Spokes may change places with each other - Skaters/pairs within a line may change places with each other as long as all Skaters/pairs have changed their places and remained in the same line - A combination of the above two examples may be executed together - If there are an odd number of Skaters within the line then it is permitted for some Skaters to be in the same place/position after the Change of Position has been completed
Different Configurations (AE, B, C, L, W, HHE, TrE, TwE)
For the Block <ul style="list-style-type: none"> - A block that only pivots in order to show a different number of lines will not meet the requirements for this Feature - Teams of 12 Skaters - changing from four Lines of three Skaters to three Lines of four Skaters (or vice versa) will not be counted as two different configurations
Jump and/or Throw Jumps (B, C, L, W) / Jump or Dance Jump (Pa, ME, TwE) / Jump (NHE)
<ul style="list-style-type: none"> - A recognizable jump, rotation(s) may be cheated, skaters may take-off / land on two feet - A slight pause is permitted upon landing the Jump or Dance Jump, before beginning the Pa, fm or Twizzle - There must be an up/down motion
Change of Position, Different Configurations, Different Element Shapes
The Element shape/configuration may disappear momentarily during the Change of Position, Different Configurations and Different Element Shapes Features